



Cornwall Park District School Community Notices Friday 27 November 2009



SwimFast Swim School Enhancing Swimming Performance

Ph: 021 0738887 Email:
swimfast.nz@gmail.com

Post: 19 Stilwell Road Mt Albert AUCKLAND

SwimFast is a fun, family-orientated swim school with many Cornwall Park families already attending. We provide lessons for Learners through to Pre-Competitive swimmers as well as Adult classes. Our instructors are experienced and enthusiastic about teaching children to swim. Mark Turner assists with Cornwall Park school squad training in term 1.

Class times:

Friday night classes will begin at 5.30pm and 6.30pm, depending on ability level.
Sunday classes will begin at 4.30pm and 5.30pm, depending on ability level.
All class times are 1 hour, except learners.

Fees:

Learners attending 1x half hour class per week are \$120 per term (instructor in the pool).

Levels 1 & 2 attending 1x one hour class per week are \$100 per term (poolside instructor).

Levels 1 & 2 attending 2x one hour classes per week are \$170 per term (poolside instructor).

Term 1 dates:

First lesson - Friday 5th and Sunday 7th February 2010

Last lesson - Friday 26th and Sunday 28th March 2010

Location: St Cuthbert's indoor heated pool. Entrance through gate on Wapiti Rd.

We offer a free assessment class for new swimmers. Please contact Mark Turner by email or phone to make your booking for Term 1. Booking ahead means we can plan classes and give out lesson times for various ability groups. Please pass these details on to friends and family who may be interested in quality swim lessons.

Regards from tThe **SwimFast** team.

Contact **Mark Turner** on 021-0738887 or 846-5814 or swimfast.nz@gmail.com for all enquiries and bookings.

Liz Nichols is taking bookings for 2010 in her singing programme. These are weekly half-hour sessions, one-on-one, after school.
Singing has been proved to help with learning to read and to grow a child's brain. Help can be given for children planning to enter next year's Performing Arts Cup (Year 6), and for children who can't sing in tune (as yet!!)
Phone Liz AFTER school hours
Mobile (021) 781 700

Da Vinci Machines Exhibition

Come and see the amazing Da Vinci Machines exhibition where you will find Leonardo Da Vinci's fascinating designs and inventions come to life.

With over 50 machines on show and many of them interactive, you will be truly inspired by one of the world's greatest thinkers.

Dates: 3rd October – January 2010
Time: 10 a.m. – 5 p.m. – 7 days including public holidays
Place: 75 Custom St East, City

The exhibition is entertaining, and educational. Please contact us if you would like flyers delivered to send home to parents.
www.davinciNZ.com

January 2010 School Holiday Camps at



Lakewood Lodge



The Adventure Farmstay Specialists

www.lakewoodlodge.co.nz

Monday 11th – Friday 15th January 2010 , 8 - 14 year olds
Monday 18th – Friday 22nd January 2010 , 8 – 14 year olds
5 days, 4 nights \$360.

Horse trekking, Kayaking, Archery, Low Ropes Course, 11 metre Climbing Wall, pet animals, disco, concert, Frisbee Golf, waterslide, trampolines, pool & table tennis competitions, Volleyball, firepit, Hot Pools, Singstar, Burma Trail, Spotlight, games, great meals & excellent supervision.

We are 1 hour south of Auckland.

Transport to & from Auckland is an EXTRA \$35

CPDS SWIM MAGIC LESSONS

Starting after school on Wednesday 2nd December 2009. Classes are small with a tutor in the water with junior groups. Training group available if sufficient numbers.

Please see office or Sue Tapene for a brochure.